

# GYMNASIUM SCHEDULE

EFFECTIVE JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEMBER OPEN GYM 6:00 – 9:30 AM	MEMBER OPEN GYM 6:00 AM – 6:00 PM	MEMBER OPEN GYM 6:00 – 9:30 AM	MEMBER OPEN GYM 6:00 – 10:30 AM	MEMBER OPEN GYM 6:00 AM – 6:00 PM	MEMBER OPEN GYM 7:00 AM – 2:00 PM	MEMBER OPEN GYM 7:00 – 8:45 AM
GET FIT WITH IVY 10:00 – 11:00 AM	14Y PICK UP BASKETBALL 6:00 – 9:00 PM	AEROBICS WITH STRENGTH TRAINING WITH IVY 10:00 – 11:00 AM	GYM MAINTENANCE 10:30 – 11:30 AM	TEEN BASKETBALL 6:00 – 8:00 PM	TEEN BASKETBALL 2:00 – 6:00 PM	14Y PICK UP BASKETBALL 9:00 AM – 12:00 PM
MEMBER OPEN GYM 12:00 – 6:00 PM	PRIVATE BASKETBALL RENTAL 9:00 – 10:00 PM	MEMBER OPEN GYM 12:00 – 6:00 PM	MEMBER OPEN GYM 11:30 AM – 6:00 PM	MEMBER OPEN GYM 8:00 – 9:45 PM	MEMBER OPEN GYM 6:00 – 7:30 PM	MEMBER OPEN GYM 12:00 – 7:45 PM
ZOG SPORTS BASKETBALL 6:30 – 10:00 PM		ZOG SPORTS BASKETBALL 6:30 – 10:00 PM	14Y PICK UP BASKETBALL 6:00 – 9:45 PM	Member open gym Monday Thurs Friday 8:30 – 10am is subject to change based on the summer camp schedule		

14Y Members get 20% off Zog Sports Basketball  
registration: [zogsports.com/basketball](https://zogsports.com/basketball)

344 East 14th Street at 1st Ave  
New York, NY 10003  
212-780-0800 | [14StreetY.org](https://14StreetY.org)

**14Y Pick Up Basketball:** Organized and supervised full court game play exclusive to 14Y members ages 18 and older.

**Member Open Gym:** Basketball game play is limited to half court, the other half is open to 14Y members for other recreational activities. Children 12 and younger must be supervised by an adult.

**Teen Basketball :** Unsupervised half court basketball open to 14Y Teen Members only.