

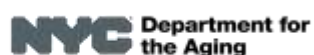


# BREAKFAST MEAL CALENDAR DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Egg a la Mexicana WW Tortilla Home Fries Oatmeal Fruit, Juice, Milk	<b>3</b> WW Cinnamon French Toast Yogurt Parfait with Strawberries Raisin Bran Cereal Fruit, Juice, Milk	<b>4</b> Meatless Eggs Benedict Lettuce and Tomato Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	<b>5</b> Pancakes Yogurt Parfait with Peaches Bran Flakes Cereal Fruit, Juice, Milk	<b>6</b> Cheese Blintzes Cinnamon Raisin Bagel Farina Fruit, Juice, Milk
<b>9</b> Scrambled Eggs Veggie Sausage Patty WW Mini Bagel Raisin Bran Cereal Fruit, Juice, Milk	<b>10</b> Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	<b>11</b> Shakshuka WW Pita Home Fries Bran Flakes Cereal Fruit, Juice, Milk	<b>12</b> Cinnamon WW French Toast Yogurt Parfait with Blueberries Toasted Oats Cereal Fruit, Juice, Milk	<b>13</b> WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
<b>16</b> Cinnamon Raisin Bagel Hard Boiled Egg Oatmeal Veggie Sausage Patty Fruit, Juice, Milk	<b>17</b> Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	<b>18</b> Egg Frittata with Potatoes and Peas Veggie Sausage Patty Raisin Bran Cereal Fruit, Juice, Milk	<b>19</b> Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese Bran Flakes Cereal Fruit, Juice, Milk	<b>20</b> Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal Fruit, Juice, Milk
<b>23</b> Egg a la Mexicana Fresh Tomato Salsa WW Tortilla Home Fries Oatmeal Fruit, Juice, Milk	<b>3</b> WW Cinnamon French Toast Raisin Bran Cereal Yogurt Parfait with Strawberries Fruit, Juice, Milk	<b>25</b> <b>Center Closed for Christmas Day</b>	<b>26</b> Pancakes Bran Muffin Yogurt Parfait with Peaches Fruit, Juice, Milk	<b>27</b> Cheese Blintzes Cinnamon Raisin Bagel Farina Fruit, Juice, Milk
<b>30</b> Scrambled Eggs Veggie Sausage Patty WW Mini Bagel Raisin Bran Cereal Fruit, Juice, Milk	<b>31</b> Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk			

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room  
 Seating starts @8:30AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM\*  
 Address: 331 East 12th Street, New York NY 10003 Contact: email [sirovich@14streety.org](mailto:sirovich@14streety.org) or call 646-395-4534

MEAL KEY: WW= Whole Wheat



# LUNCH MEAL CALENDAR DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Meaty Mushroom and Cauliflower Bolognese Brown Rice WW Bread Arugula Salad with Balsamic Vinaigrette Fruit and Milk	<b>3</b> Chicken Parmesan Pasta California Blend Vegetables Fruit and Milk	<b>4</b> Beef Stir Fry with Broccoli and Carrots White Rice Asian Style Cucumber Salad Fruit and Milk	<b>5</b> Pork Roast with Mango Chutney WW Dinner Roll Cauliflower and Potato Mash Fruit and Milk	<b>6</b> Baked Salmon with Cilantro Citrus Sauce Black Beans and Rice Baby Carrots with Parsley Fruit and Milk
<b>9</b> Vegetarian Three Bean Chili Brown Rice Garden Salad Fruit and Milk	<b>10</b> BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	<b>11</b> Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	<b>12</b> Sweet and Sour Pork with Pineapple Brown Rice Broccoli with Toasted Garlic Fruit and Milk	<b>13</b> Citrus Sesame Crusted Salmon Couscous with Peas and Lemon Baked Sweet Potato Fruit and Milk
<b>16</b> California Veggie Burger WW Hamburger Bun French Fries Tossed Salad with Dressing Fruit and Milk	<b>17</b> General Tso's Chicken Yellow Rice Steamed Broccoli Fruit and Milk	<b>18</b> Mushroom Gravy Turkey Meatloaf WW Dinner Roll California Blend Vegetables Mashed Potatoes Fruit and Milk	<b>19</b> BBQ Pulled Pork WW Hamburger Bun Cole Slaw Southern Style Baked Navy Beans Fruit and Milk	<b>20</b> Holiday Luncheon 1st Seating: 11:30 AM – 12:30 PM 2nd Seating: 12:45 PM – 1:45 PM  Tickets available Tuesday, December 3
<b>23</b> Meaty Mushroom and Cauliflower Bolognese WW Bread Arugula Salad with Balsamic Vinaigrette Fruit and Milk	<b>24</b> Chicken Parmesan Whole Wheat Pasta California Blend Vegetables Fruit and Milk	<b>25</b> <b>Center Closed for Christmas Day</b>	<b>26</b> Pork Roast with Mango Chutney WW Dinner Roll Cauliflower and Potato Mash Fruit and Milk	<b>27</b> Baked Salmon with Cilantro Citrus Sauce Black Beans and Rice Baby Carrots with Parsley Fruit and Milk
<b>30</b> Vegetarian Three Bean Chili Brown Rice Garden Salad Fruit and Milk	<b>31</b> BBQ Chicken Leg Quarters Baked Macaroni and Cheese Whole Wheat Dinner Roll California Blend Vegetables Fruit and Milk			

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room  
 Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM\*  
 Address: 331 East 12th Street, New York NY 10003 Contact: email [sirovich@14streety.org](mailto:sirovich@14streety.org) or call 646-395-4534

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