



INFANT AND TODDLER CLASSES WINTER 2025

MONDAY

TODDLER SPORTS
9:15 – 10:00 AM

TODDLER AND ME YOGA*
10:00 – 10:45 AM

NEW PARENT & PRENATAL YOGA*
11:00 – 11:45 AM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

TUESDAY

TODDLER DANCE
9:15 – 10:00 AM

BABY PLAYDAY
11:15 AM – 12:00 PM

LITTLE BUILDERS
11:30 AM – 12:15 PM

OPEN PLAY*
11:30 AM – 1:00 PM

LA LECHE/ BREASTFEEDING*
12:00 PM Check Online for Dates

OPEN PLAY*
4:30 – 6:00 PM

Please note that there will be no classes
from December 21 - January 5.

WEDNESDAY

TODDLER PLAYDAY
9:15 – 10:00 AM

BABY AND TODDLER MUSIC
10:15 – 11:00 AM

LITTLE ARTISTS
11:30 AM – 12:15 PM

BABY CHAT & PLAY*
11:30 AM – 12:30 PM

OPEN PLAY*
11:30 AM – 1:00 PM

NEW PARENT CHAT*
1:00 – 1:45 PM

THURSDAY

TODDLER SOCCER
9:15 – 10:00 AM

JAPANESE PLAYDAY
9:30 – 10:15 AM

BABY AND TODDLER MUSIC
10:15 – 11:00 AM

LITTLE ADVENTURES
11:30 AM – 12:15 PM

BABY AND ME PILATES*
11:15 AM – 12:00 PM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

FRIDAY

SHABBAT PLAYDAY
10:30 – 11:15 AM

MESSY PLAY
11:30 AM – 12:15 PM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

SATURDAY

TODDLER AND ME YOGA*
10:00 – 10:45 AM

NEW PARENT & PRENATAL YOGA*
11:00 – 11:45 AM

SUNDAY

OPEN PLAY*
10:00 AM – 12:00 PM

*Class free with current
14Y Family Memberships

Drop-in Class Rates
14Y Members: \$30
Non-Members: \$40

Join us one day or every day!
For more information, email
earlychildhood@14streety.org

Whether you're a member or non-member,
you must register for all classes.
Space is limited.

CLASS DESCRIPTIONS

Baby and Me Pilates*: Enjoy Pilates, with your babies as partners!

Baby and Toddler Music: Join Tkiya for your favorite songs, from BimBam to the Wheels on the Bus, plus puppets, bubbles, and more! Recommended for 3 months to 3 years.

Baby Chat and Play*: Designed for parents to meet up, get support, and build community.

Baby Playday: Our fun-filled sessions provide the perfect environment for your little ones to explore, play, and learn. Recommended for 3 months to 1 year.

Japanese Playday: Join instructor Michiyo Kigawa on a language-filled adventure, fostering curiosity and language skills in a playful setting. Recommended for 3 months to 3 years.

La Leche/Breastfeeding*: Designed to provide breastfeeding support and community connection.

Messy Play: Come make art, and don't be afraid to get messy! Recommended for 1 to 3 years.

New Parent Chat*: Designed for new parents to meet up, get support, and build community.

New Parent & Prenatal Yoga*: This is a time for new and expectant parents to focus on balance, emotional support, and wellness.

Open Play*: Join your 14Y friends for some unstructured play. Recommended for 3 months to 3 years.

The "Little" Series: For your little artists, readers, and engineers, this series introduces lifelong skills. Featuring Little Artists, Little Adventures, and Little Builders. Recommended for 1 to 3 years.

Toddler and Me Yoga*: Enjoy yoga and stretching while your toddler has room to play. Recommended for 1 to 3 years.

Toddler Dance: Let's move and dance! Toddlers and caregivers enjoy music, dance, movement, and interactive storytelling. Recommended for 1 to 3 years.

Toddler Playday: Create cherished memories with your toddler, including story time and singing. Recommended for 1 to 3 years.

Toddler Soccer: Toddlers learn to balance, run, kick, and play, all to music. Recommended for 1 to 3 years.

Toddler Sports: Designed for little ones eager to run, kick, throw, and explore, plus develop coordination and teamwork. Recommended for 1 to 3 years.

Shabbat Playday: Join families for a joyful morning of songs, stories, and Shabbat celebrations at 14Y! Recommended for children 3 months to 3 years.

Join us for **Prelude to Preschool!** Our program runs from September to June with rolling admissions.

You can also try our **Friday Feature**—both programs offer a wonderful introduction to our 14Y Preschool, perfect for your toddler!

Email earlychildhood@14streety.org to learn more.
Visit 14streety.org/preludetopreschool for more information.

Family swim available every day. Check the website for times.