

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mosaic Tiles with Alexandra 9:30 – 11:20 AM Lounge	Tai Chi with Annie 10:00 – 10:50 AM Auditorium	Zumba with Jose 10:10 – 11:00 AM NC 4/2 Auditorium	*Ceramic Session 1 with Sherman & Bianca 10:00 AM – 1:00 PM STARTS 4/24 Ceramics Studio	Tai Chi with Annie 10:00 – 10:50 AM Auditorium
Strength & Balance with Rob 10:00 – 10:50 AM Auditorium	*Ceramic Session 1 with Sherman & Bianca 10:00 AM – 1:00 PM STARTS 4/22 Ceramics Studio	Headlines with Dana & M (Currents Events Group) 11:00 – 11:50 AM NC 4/2, 4/16, 4/30 Small Dining Room	Functional Yoga at 14 Street Y 10:00 – 11:00 AM 14 Street Y	*Ceramic Session 1 with Deb 10:00 AM – 1:00 PM STARTS 4/25 Ceramics Studio
*Ceramic Session 1 with Deb 10:00 AM – 1:00 PM STARTS 4/21 Ceramics Studio	Chair Yoga for Bone Health with Rie 11:10 AM – 12:00 PM Auditorium		Dance and Storytelling with Magda 10:00 – 10:50 AM Auditorium	Tech Talk with Rebecca 11:00 – 11:50 AM Dining Room
Art and Play with Drama Therapy Intern Andrea and Kathryn 10:00 AM – 12:00 PM LC 4/7 Small Dining Room	Theater Desk 11:30 AM – 1:00 PM Front Office Schedule Subject to Change		Zumba with Fiorela 11:10 AM – 12:00 PM Auditorium	Improv Class with Robert Galinsky 11:10 AM – 12:30 PM Auditorium
Open Art Studio with Sophia 10:00 AM – 12:00 PM LC 4/7 Art Studio				ASC: Expressive Arts with Cory 1:15 – 2:00 PM Auditorium
Art Making for Relaxation with Art Therapy Intern Sophia and Kathryn 1:00 PM – 2:15 PM LC 4/7 Art Studio	Reiki and Meditation with Lyndell 1:00 – 1:50 PM NC 4/29 Lounge	Chinese Open Ballroom 1:00 – 2:50 PM NC 4/2 Auditorium	Wellness Initiative for Senior Education (WISE) 1:00 PM NC 4/3, 4/10 Lounge	Jewelry Making with Phyllis 1:00 – 3:50 PM Lounge
Rewriting the Narrative with Drama Therapy Intern Andrea Cordova McCadney 1:00 PM – 2:15 PM LC 4/7 Lounge	Chinese Dance Group 1:30 – 3:20 PM Auditorium	Knitting and Crochet Group with Schekira 1:00 – 1:50 PM Lounge	Asian Choir 1:30 PM – 3:20 PM Auditorium	*Ceramic Session 2 with Deb 1:30 – 4:30 PM STARTS 4/25 Ceramics Studio
	*Ceramic Session 2 with Sherman & Bianca 1:30 – 4:30 PM STARTS 4/22 Ceramics Studio	Brain Games with Dana 2:00 PM – 2:50 PM NC 4/2 Lounge	*Ceramic Session 2 with Sherman & Bianca 1:30 PM – 4:30 PM STARTS 4/24 Ceramics Studio	
*Beginner Ceramic Class with Deb and Bianca 1:30 PM – 4:30 PM STARTS 4/21 Ceramics Studio	Spanish Empowerment Group with Andrea Lora 1:30 – 2:30 PM NC 4/29 Conference Room			ASC: Sirovich Senior Theater with Cory 2:00 – 3:00 PM Auditorium
Jazz Line Dance with Bernard 2:00 – 2:50 PM Auditorium			Game Time with Andrea 2:00 – 2:50 PM Small Dining Room	Vocal Ensemble 3:15 – 5:00 PM Auditorium
Balance 101 with Demetra 3:10 – 4:00 PM NC 4/14 Auditorium & Hybrid				
Tapping Together with Demetra 4:00 – 4:50 PM NC 4/14 Auditorium	If the Walls Could Talk Visual Theater Workshop with Concrete Temple Theatre 4:00 – 5:30 PM NC 4/15 Auditorium			

MENU KEY: LC = LAST CLASS OF THE TERM, NC= NO CLASS, * =Registration Required -- Address: 331 East 12th Street, New York NY 10003 Hours of Operation: Monday – Friday, 9 AM – 5 PM



= New Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Decorate with Us: Showing Thanks to our Volunteers with M 10:00 - 10:50 AM Conference Room	2 April Pantry 1:45 – 4:15 PM Auditorium Tickets on Sale for New York Botanical Garden Field Trip Price: \$20 10:00 AM Front Desk	3 April Birthday Party 1:00 – 2:00 PM Auditorium	4 Manicures with GlamourGals NYU 1:00 – 3:00 PM Lounge and Conference Room
7 Remembering Together with Social Service Staff 10:00 AM – 11:00 AM Peacock Room Passover Seder Traditions Around the World with Sheryl	8	9	10	11
14 Basic Tech Talk led by Teen Teaches Technology 2:00 – 3:00 PM Conference Room	15 Basic Tech Talk led by Teen Teaches Technology 2:00 – 3:00 PM Conference Room	16 Basic Tech Talk led by Teen Teaches Technology 2:00 – 3:00 PM Conference Room	17	18
21	22	23 Town Hall Meeting 1:00 – 2:00 PM Small Dining Room	24	25 Field Trip: New York Botanical Garden 10:00 AM – 3:00 PM Meet in the Lounge @9:50 AM (Lunch Provided) Ticket Price: \$20, On Sale 4/2
28	29 Nutrition Workshop: Eat for Longevity, The Blue Zone Diet with Nutritionist Tamar 1:00 – 1:50 PM Lounge	30		

For general inquiries, please contact us by email at Sirovich@14streety.org or call 646-395-4534

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Website: [14streety.org/Sirovich](https://www.14streety.org/Sirovich) | Follow Us on Facebook: <https://www.facebook.com/Sirovich>